

April 2026

# Community Newsletter



## Food Pantry Available for Residents

Our Community Resource Center Food Pantry at 1149 Kennedy Cir. is available for residents.

If you need a little extra help with groceries, please stop by! If you know a resident who could benefit, please help us spread the word. We're here to support our community!



## Lawn Maintenance

It's time for spring lawn maintenance! Keep yards free of trash, toys, and other items to allow mowers to complete their work. Store toys and miscellaneous items inside the apartment when not in use. Note that toys are not allowed to be stored on community playgrounds and may be removed. When grilling, ensure you're at least 25 feet away from the building to prevent damage from heat or flames. Always store grills properly on the front or back porch when not in use.



## Reminder:

Residents are reminded to please check your mail regularly. Important notices with time-sensitive deadlines could be missed. Informed delivery with the US Postal Service is a useful resource to notify you of expected mail.





# Trespass List Updates

can be viewed online at [TVHSTN.org](http://TVHSTN.org) or at the  
Main Office - 600 Sulphur Springs Rd.

For community safety concerns, please contact: Officer Cobb  
Liaison/Crime Prevention Officer Office Number:  
**423-586-5115 ext.8017**



## Baby Items for Residents

Baby items for infants and small children are available for residents at the Community Resource Center, 1149 Kennedy Circle. Children must be listed on the lease, or proof of pregnancy will be required to receive items. Stop by and pick up helpful items for your growing family!



Never Quit Quitting.  
It's the only way to win.



YOU CAN QUIT. WE CAN HELP. IT'S FREE.

CALL



1-800-QUIT-NOW  
1-800-784-8669



1-877-559-3816



Funded by the  
Tennessee Department of Health



Please remember that no wipes of any kind—including baby wipes, disinfecting wipes, makeup wipes, and "flushable" wipes—should be flushed down the toilet. These products do not break down like toilet paper and can cause severe plumbing blockages, leading to costly repairs and potential damage to the building's plumbing system.

To help maintain a smooth and functioning sewer system, please dispose of all wipes in the trash. Your cooperation is greatly appreciated in keeping our community's plumbing in good condition.

# TVHS TRASH TRUCK RUNS every MONDAY

This is a service provided by TVHS to help residents dispose of large items such as televisions, couches, washers & dryers, etc. Lately, small items such as pizza boxes, bags of trash, etc. have been placed at the street. Please be aware that smaller items must be disposed of in the household trash can furnished by the City of Morristown. TVHS will no longer pick-up small items. If small items are placed at the street, you may receive a maintenance charge for pick-up. After the City empties your trash can, please return the trash can to your unit. Do not leave trash cans at the street from week to week.

Large items for TVHS pick-up should be placed at the curb from Sunday afternoon to no later than 7 a.m. on Monday morning. Do not place the large items at the street after 7 a.m. on Mondays. The trash truck will make one pass through each neighborhood and anything placed at the street after this time will result in a maintenance charge to your household.

IF LARGE ITEMS ARE PLACED AT OR NEAR YOUR UNIT AFTER THE DESIGNATED TIMES, YOU WILL BE CHARGED. IF A NEIGHBOR IS PLACING THINGS IN FRONT OF YOUR UNIT, CALL THE OFFICE AND FILL OUT A COMPLAINT FORM TO PREVENT BEING CHARGED.

If a holiday falls on a Monday, the TVHS trash truck will run on Tuesday.

Tennessee Valley Housing Services does not furnish or repair the City provided trash cans. If you need a trash can, recycle bin or have one that is in need of repair, please contact: The City of Morristown Public Works Department at 423-585-4658.

# What is considered an emergency work order?

AFTER HOURS emergency number 423-273-2489  
Hearing impaired residents should call TN Relay Center at 711

- Refrigerator not working
- Outside door lock torn up
- Broken water lines on TVHS property.
- Gas leak at any appliance or meter.
- Fire in any building in the TVHS
- Range (only if entire range doesn't work)
- Commode stopped up and overflowing.
- Smoke alarm (going off, needs repair, loose or hanging)
- An elderly tenant is thought to be hurt or in difficulty.
- Heating system off (only if outside temperature is below 55 degrees F.)
- Give assistance to the Police Department in case of break in or emergency.
- Any electrical problem which causes a power failure or poses a threat to persons or property.
- Any water heater where the relief valve pops off or develops a hole in the tank where water runs constantly

## Filter Changes & Smoke Alarms

TVHS staff will change filters each month. Filter changing will begin on the second Monday of each month and be completed by Friday of the same week. No personal items may be stored in the mechanical closets. During filter change, smoke alarms will be checked as well as the overall condition of units. Housekeeping and any lease violations will be noted.



**Please remember all TVHS properties are smoke free!**



## Pest Control

All TVHS units will receive Pest Control treatments in the months of March & September. These semi - annual treatments will begin on the second Monday of the month and be completed by Friday of the same week. No units will be excluded from the March & September treatment schedule.

Additional Pest Control Services will be on a call-in basis.

Call-In treatments will begin on the second Monday of each month and completed by Friday of the same week. Call the office by 12:00 p.m. on Thursday to have your unit scheduled for the following week.

To schedule additional Pest Control at your unit, contact 423-586-5115 X 8010.

# What Attracts Cockroaches in Your Home?

### Ample of Moisture



The number one thing that attracts roaches to a home is an ample amount of moisture. It is one of the necessities for pests like cockroaches to thrive and survive.

### Easy Access



Do you know that rats and cockroaches are masters when it comes to sneaking in a premise through a small opening or crack? So, if you are offering easy access to cockroaches, will they say no?

### Dense Landscaping



Do you think cockroaches will enter directly your home? No, many times, they make an entry first in your dense garden because they get all they want there like water, shelter, and food.

### Cockroach Prone Location



The second thing and the most common factor that may make your house more vulnerable to cockroach infestation despite you keeping it clean is its location.

### Food Sources



Another main thing that attracts cockroaches to a home is food. When they find ample amounts of food sources at a place, these pests prefer hiding and staying there for an extended period.

### Cluttered and Neglected Areas



Last and the most neglected reason for which cockroaches often infest a house is a neglected area or area with some clutter.



— *Insights, Updates & News* —

FROM THE DESK OF THE  
EXECUTIVE DIRECTOR

— *April* 2026 —



**Dear Friends,**

Spring always feels like a reset button with its longer days, warmer weather, and a good excuse to shake off what's been feeling a little stagnant. Whether that looks like tackling a spring-cleaning list, setting new goals, or just getting outside more, it's a great time to refocus and move forward with intention.

Here at TVHS, we're stepping into that same season of momentum. We're excited to share that renovation work at OneFiveNine Apartments is expected to begin soon. This has been something we've been working toward, and we're hopeful to see progress start taking shape this spring. We can't wait to bring these updates to life and continue improving the quality of housing in our community.

Behind the scenes, our team continues to show up in a big way. From resident services to property management, everything we do is rooted in supporting our residents and strengthening our community. That work doesn't happen without a dedicated staff and the ongoing support of our Board of Commissioners, and we're incredibly grateful for both. As always, our Resident Services team has a variety of programs, classes, and opportunities available. If you haven't taken advantage of those yet, this is your sign. There's something for everyone, and we're here to support you however we can.

With April comes a season full of fresh starts—and a few reasons to celebrate, too. From Easter to simply enjoying more time outdoors, we hope this month brings a sense of renewal and a little extra energy into your daily routine.

We're looking forward to what's ahead and are glad to have you as part of it.

All my best,  
*Sean Gilbert*  
Sean Gilbert