

March 2026

# Community Newsletter



Tennessee Association of Housing and Redevelopment Authorities (TAHRA) in partnership with the National Association of Housing and Redevelopment Officials (NAHRO) present:



Adriana Gomez – WON 1ST PLACE IN 2024

**SUBMISSION DEADLINE: MARCH 27, 2026**

**PRIZES FOR EACH SELECTION CATEGORY:**

**1ST PLACE: \$100**

**2ND PLACE: \$75**

**3RD PLACE: \$50**

Winners from each Selection Category will be selected based on how well the artwork reflects “What Home Means to Me” and will move on for the regional-level competition.

**HOW TO SUBMIT:**

All posters, narratives, and applications **MUST** be postmarked, hand-delivered, or received by 4:00pm on Monday, March 31, 2025.

**MAIL TO:**

Lawrenceburg Housing Authority

ATTN: Alex Brewer

P.O. Drawer C

Lawrenceburg, TN 38464

If you have any questions, please email Alex at [businesshr@lawrenceburgha.org](mailto:businesshr@lawrenceburgha.org).

## WHAT HOME MEANS TO ME POSTER CONTEST

### ELIGIBILITY

Open to all children grades K-12 residing in affordable housing assisted directly or supported under community development and affordable housing programs administered by a NAHRO Member authority (i.e. public housing, Section 8/HCV-assisted housing, CDBG, HOME, LIHTC.)

### SPECIFICATIONS:

Theme: “What Home Means to Me”

Posters must be at least 8.5 x 11 in paper size (letter size). Larger posters will be accepted, up to 22 x 28 in.

Posters must have a LANDSCAPE (HORIZONTAL) orientation. Posters in portrait (vertical) orientation will be disqualified.

Artists may use any art media (marker, crayon, paint, collage, textiles, etc.), but please consider that posters will need to be packaged, mailed, and reproduced.

The artist’s name, grade level, and housing agency must be written on the back of each poster entry. Posters may only be created by one eligible artist.

### SELECTION CATEGORIES:

Elementary School: K-5th Grade

Middle School: 6th-8th Grade

High School: 9th-12th Grade





# Trespass List Updates

can be viewed online at [TVHSTN.org](http://TVHSTN.org) or at the  
Main Office - 600 Sulphur Springs Rd.

For community safety concerns, please contact: Officer Cobb  
Liaison/Crime Prevention Officer Office Number:  
423-586-5115 ext.8017



## KINDNESS IN ACTION: CELEBRATING OUR RANDOM ACTS OF KINDNESS WEEK WINNER

During our recent Random Acts of Kindness Week, held on our Facebook page, we invited participants to share stories showing how small acts can make a big difference—and one story truly captured the spirit of community.

Our winner shared this heartfelt moment:

“The kindest thing I witnessed this week was when several people worked together to help a lady in housing to move some old furniture out and some new-to-her furniture in her apartment. One friend helped transport the furniture from the thrift store then 2 teenagers worked at it to get all the furniture taken where it needed to go.”

This simple yet powerful act of teamwork shows how kindness grows when people come together to help one another. It wasn't just about moving furniture—it was about neighbors supporting neighbors and creating a sense of care and belonging.

We are proud to recognize this inspiring story as our contest winner. As a token of appreciation, they received our Kindest Gift Basket, and we thank them for reminding us all that kindness is strongest when it's shared.

If you'd like to see more stories like this and join future activities, be sure to follow us on Facebook. You can easily find our page by scanning the QR code printed on the back of the calendar page included in this newsletter.

At Tennessee Valley Housing Services, we believe moments like these are what truly build community.

Please remember that no wipes of any kind—including baby wipes, disinfecting wipes, makeup wipes, and “flushable” wipes—should be flushed down the toilet. These products do not break down like toilet paper and can cause severe plumbing blockages, leading to costly repairs and potential damage to the building's plumbing system.

To help maintain a smooth and functioning sewer system, please dispose of all wipes in the trash. Your cooperation is greatly appreciated in keeping our community's plumbing in good condition.



### Never Quit Quitting. It's the only way to win.



YOU CAN QUIT. WE CAN HELP. IT'S FREE.

## Lawn Maintenance

It's time for spring lawn maintenance! Keep yards free of trash, toys, and other items to allow mowers to complete their work. Store toys and miscellaneous items inside the apartment when not in use. Note that toys are not allowed to be stored on community playgrounds and may be removed. When grilling, ensure you're at least 25 feet away from the building to prevent damage from heat or flames. Always store grills properly on the front or back porch when not in use.



CALL



1-800-QUIT-NOW  
1-800-784-8669

1-877-559-3816



Funded by the Tennessee Department of Health

# TVHS TRASH TRUCK RUNS every MONDAY

This is a service provided by TVHS to help residents dispose of large items such as televisions, couches, washers & dryers, etc. Lately, small items such as pizza boxes, bags of trash, etc. have been placed at the street. Please be aware that smaller items must be disposed of in the household trash can furnished by the City of Morristown. TVHS will no longer pick-up small items. If small items are placed at the street, you may receive a maintenance charge for pick-up. After the City empties your trash can, please return the trash can to your unit. Do not leave trash cans at the street from week to week.

Large items for TVHS pick-up should be placed at the curb from Sunday afternoon to no later than 7 a.m. on Monday morning. Do not place the large items at the street after 7 a.m. on Mondays. The trash truck will make one pass through each neighborhood and anything placed at the street after this time will result in a maintenance charge to your household.

IF LARGE ITEMS ARE PLACED AT OR NEAR YOUR UNIT AFTER THE DESIGNATED TIMES, YOU WILL BE CHARGED. IF A NEIGHBOR IS PLACING THINGS IN FRONT OF YOUR UNIT, CALL THE OFFICE AND FILL OUT A COMPLAINT FORM TO PREVENT BEING CHARGED.

If a holiday falls on a Monday, the TVHS trash truck will run on Tuesday.

Tennessee Valley Housing Services does not furnish or repair the City provided trash cans. If you need a trash can, recycle bin or have one that is in need of repair, please contact: The City of Morristown Public Works Department at 423-585-4658.

## What Attracts Cockroaches in Your Home?

### Ample of Moisture



The number one thing that attracts roaches to a home is an ample amount of moisture. It is one of the necessities for pests like cockroaches to thrive and survive.

### Easy Access



Do you know that rats and cockroaches are masters when it comes to sneaking in a premise through a small opening or crack? So, if you are offering easy access to cockroaches, will they say no?

### Dense Landscaping



Do you think cockroaches will enter directly your home? No, many times, they make an entry first in your dense garden because they get all they want there like water, shelter, and food.

### Cockroach Prone Location



The second thing and the most common factor that may make your house more vulnerable to cockroach infestation despite you keeping it clean is its location.

### Food Sources



Another main thing that attracts cockroaches to a home is food. When they find ample amounts of food sources at a place, these pests prefer hiding and staying there for an extended period.

### Cluttered and Neglected Areas



Last and the most neglected reason for which cockroaches often infest a house is a neglected area or area with some clutter.

## What is considered an emergency work order?

AFTER HOURS emergency number 423-273-2489  
Hearing impaired residents should call TN Relay Center at 711

- Refrigerator not working
- Outside door lock torn up
- Broken water lines on TVHS property.
- Gas leak at any appliance or meter.
- Fire in any building in the TVHS
- Range (only if entire range doesn't work)
- Commode stopped up and overflowing.
- Smoke alarm (going off, needs repair, loose or hanging
- An elderly tenant is thought to be hurt or in difficulty.
- Heating system off (only if outside temperature is below 55 degrees F.)
- Give assistance to the Police Department in case of break in or emergency.
- Any electrical problem which causes a power failure or poses a threat to persons or property.
- Any water heater where the relief valve pops off or develops a hole in the tank where water runs constantly

## Filter Changes & Smoke Alarms

TVHS staff will change filters each month. Filter changing will begin on the second Monday of each month and be completed by Friday of the same week. No personal items may be stored in the mechanical closets. During filter change, smoke alarms will be checked as well as the overall condition of units. Housekeeping and any lease violations will be noted.



**Please remember all TVHS properties are smoke free!**



## Pest Control

All TVHS units will receive Pest Control treatments in the months of March & September. These semi - annual treatments will begin on the second Monday of the month and be completed by Friday of the same week. No units will be excluded from the March & September treatment schedule.

Additional Pest Control Services will be on a call-in basis.

Call-In treatments will begin on the second Monday of each month and completed by Friday of the same week. Call the office by 12:00 p.m. on Thursday to have your unit scheduled for the following week.

To schedule additional Pest Control at your unit, contact 423-586-5115 X 8010.

— *Insights, Updates & News* —

FROM THE DESK OF THE  
EXECUTIVE DIRECTOR

— *March* — *2026* —



**Dear Friends,**

Spring officially begins on March 20th, bringing with it a season of renewal and fresh starts. As the days grow longer and the weather begins to warm, many of us feel inspired to reset, reorganize, and refresh our homes and routines.

If you're planning to do a little spring cleaning, we appreciate your help in keeping our communities clean and welcoming. Please remember that large-item pickup takes place on Mondays only. Items placed curbside outside of that schedule may result in charges. While our maintenance team works hard to maintain our properties, each resident is responsible for keeping the areas around their unit (both front and back) clean and tidy. When we all take pride in our surroundings, it strengthens the entire community.

Warmer weather also brings opportunities to get outside and enjoy time with family, friends, and neighbors. Whether visiting one of our local parks or simply spending time outdoors, I encourage you to take advantage of the season and the positive energy it brings.

This spring, we are also excited to begin rolling out TVHS Success Academy – short, informative videos designed to keep residents better informed and connected. This initiative is part of our continued effort to modernize how we communicate and provide helpful, accessible information to our community. Be on the lookout for these videos on our Facebook page and website in the coming weeks. We look forward to sharing them with you!

Additionally, we are excited to share a brief update regarding our RAD (Rental Assistance Demonstration) conversion efforts. We anticipate closing this summer and are looking forward to the positive improvements this transition will bring to our properties and residents. This is an important step forward for our agency, and we appreciate your continued patience and support throughout the process. Please stay tuned for additional updates as we move closer to completion.

Be sure to continue reading your monthly newsletter and following us online for updates.

Wishing you and your family a safe, productive, and refreshing spring season.

**All my best,**  
*Sean Gilbert*  
**Sean Gilbert**