

April 2025

# Community Newsletter



www.tvhstn.org



## NAHRO's Washington Conference

Adriana Gomez won 1st place in the 2024 What Home Means to Me Poster Contest, earning the grand prize for her heartfelt artwork about the meaning of home. As part of her award, she received an iPad and traveled to NAHRO's Washington Conference, where she had an unforgettable experience meeting NAHRO leadership members Anna Judge, Mark Thiele, Sean Gilbert, and George Guy. Since 2008, this national contest has celebrated the creativity of children living in affordable housing, with Adriana's winning piece now featured on the cover of NAHRO's annual calendar.

## Reminder: Reporting Household Changes

All households are required to report any household changes in writing at the TVHS office within 14 days of the event. This includes, but is not limited to, income, assets, deductions, and household composition. Also remember, a person/persons cannot live at your unit without first being approved by the TVHS office. Failure to do so is a violation of your lease agreement.





# TRESPASS LIST UPDATES

can be viewed online at [TVHSTN.org](http://TVHSTN.org) or at the  
Main Office – 600 Sulphur Springs Rd.

## REMINDER

Please remember that no wipes of any kind—including baby wipes, disinfecting wipes, makeup wipes, and "flushable" wipes—should be flushed down the toilet. These products do not break down like toilet paper and can cause severe plumbing blockages, leading to costly repairs and potential damage to the building's plumbing system.

To help maintain a smooth and functioning sewer system, please dispose of all wipes in the trash. Your cooperation is greatly appreciated in keeping our community's plumbing in good condition.



## DO THESE THINGS IF YOU HAVE...

### If you have... 1 MINUTE

**GO THROUGH** one refrigerator bin, toss spoiled food and wipe up spills.

**TAKE** your bag of clothing or other store returns out to the car so they're one step closer to going back.

**REMOVE** outdated items from your bulletin board or fridge.

### If you have... 30 MINUTES

**SIT** in front of your favorite half-hour TV show and shred old documents and sensitive mail. You'll be done by the time the episode is over!

**CONTAIN** your husband's "pocket dump" zone of loose change, receipts and the like. Place a tray on the nightstand for his wallet, watch and keys.

### If you have... 5 MINUTES

**CLEAN OFF** the living room coffee and end tables, taking mugs or cups back to the kitchen and recycling old newspapers, catalogs and magazines.

**MOVE** your laundry to the next stage: If it's dirty, wash it. If it's wet, dry it. If it's dry, fold it. If it's folded, put it away.

**FREE UP** more workable surface area by adjusting a shelf (most kitchen cabinets or bookshelves are movable) to accommodate a larger item that needs to be stored—like a blender that's been sitting out.

### If you have... 15 MINUTES

**SPEED-CLEAN** the car: Toss trash and bring gear and gadgets back into the house; shake out the mats if needed. Wish this only took 5 minutes? Position a trash can near the back door so you can throw things out on your way in each night.

**DESIGNATE** a spot for incoming paper bills waiting to be paid and gather supplies—your checkbook, a pen, postage stamps, envelopes and return address labels. Even better, go digital: Opt to receive bills via email and pay them online.

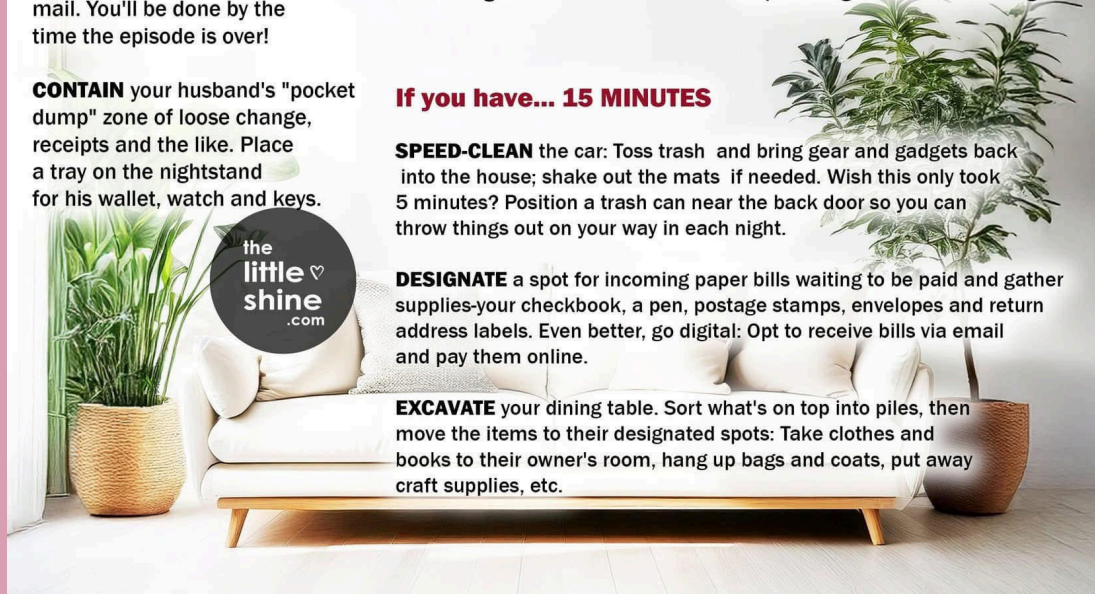
**EXCAVATE** your dining table. Sort what's on top into piles, then move the items to their designated spots: Take clothes and books to their owner's room, hang up bags and coats, put away craft supplies, etc.

### If you have... 10 MINUTES

**TIDY UP** one drawer in your dresser—match single socks, fold T-shirts or PJs. Repeat every few days until all the drawers are done.

**UNWRAP** warehouse purchases, like paper towels or TP bought in bulk, so they're easier to store and dispense. Bonus: You'll preserve precious room in your shelves or pantry.

**STREAMLINE** your cleaning supplies by consolidating nearly empty bottles and discarding old ones. It will make dusting or polishing less of a time-drag.



For community safety concerns, please contact:

Officer Cobb  
Liaison/Crime Prevention

Officer Office Number:

423-587-0376





## TVHS TRASH TRUCK RUNS every MONDAY

This is a service provided by TVHS to help residents dispose of large items such as televisions, couches, washers & dryers, etc. Lately, small items such as pizza boxes, bags of trash, etc. have been placed at the street. Please be aware that smaller items must be disposed of in the household trash can furnished by the City of Morristown. TVHS will no longer pick-up small items. If small items are placed at the street, you may receive a maintenance charge for pick-up. After the City empties your trash can, please return the trash can to your unit. Do not leave trash cans at the street from week to week.

Large items for TVHS pick-up should be placed at the curb from Sunday afternoon to no later than 7 a.m. on Monday morning. Do not place the large items at the street after 7 a.m. on Mondays. The trash truck will make one pass through each neighborhood and anything placed at the street after this time will result in a maintenance charge to your household.

**IF LARGE ITEMS ARE PLACED AT OR NEAR YOUR UNIT AFTER THE DESIGNATED TIMES, YOU WILL BE CHARGED. IF A NEIGHBOR IS PLACING THINGS IN FRONT OF YOUR UNIT, CALL THE OFFICE AND FILL OUT A COMPLAINT FORM TO PREVENT BEING CHARGED.**

If a holiday falls on a Monday, the TVHS trash truck will run on Tuesday. Tennessee Valley Housing Services does not furnish or repair the City provided trash cans. If you need a trash can, recycle bin or have one that is in need of repair, please contact: The City of Morristown Public Works Department at 423-585-4658.



## What is considered an emergency work order?

AFTER HOURS emergency number  
423-273-2489

Hearing impaired residents should call  
TN Relay Center at 711

- Refrigerator not working
- Outside door lock torn up
- Broken water lines on TVHS property.
- Gas leak at any appliance or meter.
- Fire in any building in the TVHS
- Range (only if entire range doesn't work)
- Commode stopped up and overflowing.
- Smoke alarm (going off, needs repair, loose or hanging)
- An elderly tenant is thought to be hurt or in difficulty.
- Heating system off (only if outside temperature is below 55 degrees F.)
- Give assistance to the Police Department in case of break in or emergency.
- Any electrical problem which causes a power failure or poses a threat to persons or property.
- Any water heater where the relief valve pops off or develops a hole in the tank where water runs constantly

## Pest Control

All TVHS units will receive Pest Control treatments in the months of March & September. These semi - annual treatments will begin on the second Monday of the month and be completed by Friday of the same week. No units will be excluded from the March & September treatment schedule.

Additional Pest Control Services will be on a call-in basis. Call-In treatments will begin on the second Monday of each month and completed by Friday of the same week. Call the office by 12:00 p.m. on Thursday to have your unit scheduled for the following week.

To schedule additional Pest Control at your unit, contact 423-586-5115 X 8010.



**Please remember all TVHS properties are smoke free!**



## FILTER CHANGES & SMOKE ALARMS

TVHS staff will change filters each month. Filter changing will begin on the second Monday of each month and be completed by Friday of the same week. No personal items may be stored in the mechanical closets. During filter change, smoke alarms will be checked as well as the overall condition of units. Housekeeping and any lease violations will be noted.

— *Insights, Updates & News* —

# FROM THE DESK OF THE EXECUTIVE DIRECTOR

— *April* 2025 —



**Dear Friends,**

Spring is a season of renewal and growth, a time that invites us to embrace transformation through spring cleaning. This process goes beyond mere tidying up; it's an opportunity for introspection, allowing us to evaluate who we are, how we are perceived by others, and to redefine our aspirations. Remember, it's never too late to reconnect with your past self or to pursue the person you wish to become.

This spring is especially exciting for our Morristown community! We are thrilled to announce that work is nearing completion on two model units at OneFiveNine Apartments, featuring beautiful bathroom renovations, exterior enhancements, new windows and doors, along with a fresh coat of paint throughout! These updates will significantly elevate the quality of housing for our neighbors. I will keep everyone updated on the progress, and I encourage you to follow our Facebook page for real-time updates, photos, and information on when we'll have an Open House!

I'd also like to take this opportunity to highlight our exceptional staff at TVHS. The activities, services, and renovations we offer reflect our team's unwavering commitment to our mission and the invaluable support from our Board of Commissioners. Our aim is to strategically reposition the organization to maximize opportunities that address the needs of our residents and the broader community we serve.

In alignment with our mission, we have a wealth of programs, classes, and events available through our Resident Services team. I encourage you to read this newsletter in its entirety, take note of what we offer, and get involved. Our team is here to support you every step of the way.

**Wishing you all a season filled with  
longer days and warming weather!**

*Sean Gilbert*  
Sean Gilbert